

# MADYSS Matters

March 2016 No.119

## Birthday Greetings

We can say Happy Birthday this month to:

- Ramala Bakaaya
- Sylvia Brown
- Yvette Cregan
- Roger Snelling
- Michael Thomas

May you each enjoy your special day.

## Social Events

**Games Night, Macclesfield Tennis Club  
SK10 8JR  
Saturday 12 March**

The Games Night is next Saturday evening and will commence at 6.30 pm. We look forward to a good turnout. For all those that have booked, we hope that you bring plenty of £1 coins to roll at the whisky, change to buy your raffle tickets for the bottle tombola, and sharpened pencils for the Beetle Drive.

A fish and chip supper is included in your entry fee and will be served to all attendees so that they are sufficiently fortified and able to continue with the hard-fought and competitive battles which are no doubt eagerly anticipated.

**Lunch at Chilli Banana, Macclesfield  
Report by Sue Stephenson**

It was a good move to change the Chilli Banana outing to February because we had no snow or ice for once! Thirty-two members and friends enjoyed the delicious Thai buffet with a varied selection of starters and mains followed by ice cream.

We have been going to the Chilli Banana for several years now and it always proves popular, so no reason to change; we will probably be there again next year.



*Members chatting and enjoying Thai food at The Chilli Banana*



## What a Joke!

**Learn from the mistakes of others.  
Trust me... you can't live long enough to make  
them all yourself.  
I've tried!!**

## News of our Members

**Kay Evans** underwent knee surgery last month and is doing well. She says her physiotherapist is very demanding but make sure you keep on doing the exercises Kay! It was good to see her with her daughter, Stephanie, at the Chilli Banana lunch at the end of last month. Our best wishes for your continued and speedy recovery.

## Dates for your Diary

For all those coming on the five-day holiday in September, we are holding a meeting after the normal meeting at the Flower Pot next Monday, 14 March at about 1.30 pm. We need to talk through things like scooters, luggage, outings, etc, so please do try to be there.

This year's Annual General Meeting will be held on Monday, 9 May.

Another date for your diary is a coach trip to Shugborough Hall, which will take place on Thursday, 23 June.

## Note to All Members

Please remember that all members, including the committee, are either stroke survivors or carers of a stroke survivor and are in the same position as everyone else; they have their own challenges to cope with on a daily basis. We all need to work together and support each other.

## Thought for the Month

When I hear somebody sigh, 'Life is hard,' I am always tempted to ask, 'Compared to what?'

Sydney Harris

**The next MADYSS meeting is on Monday 14 March at the Flower Pot**

**MADYSS Chairman**

**Peter Stephenson 01625 876285**